

Abbreviations

AYUSH	Government of India Ministry of Ayurveda, Yoga and Naturopathy, Unani, Siddha, Sowa Rigpa, and Homoeopathy
CCTM	Central Council of Tibetan Medicine
CIBS	Central Institute for Buddhist Studies
CIHTS	Central Institute of Higher Tibetan Studies, previously CUTS (Central University of Tibetan Studies)
CTMI	Chagpori Tibetan Medical Institute
FWF	Austrian Science Fund, Wissenschaftsfonds (Fonds zur Förderung der wissenschaftlichen Forschung)
HAA	Himalayan Amchi Association
MTK	Men-Tsee-Khang (Tibetan Medical & Astro. Institute)
NISR	National Institute of Sowa Rigpa
PRC	People's Republic of China
RCT	randomized controlled trial
SBS	Sorig Bumzhi School
SRAN	Sowa Rigpa Association Nepal
SRIC	Sowa Rigpa International College
TBSI	Traditional Buddhist Sorig Institute
TME	Tibetan Medicine Education Center
NYI	New Yuthok Institute
SKIN	Sorig Khang International Nepal
NGO	non-governmental organization